



balneari  
PRATS

The spa hotel is located in the centre of Caldes de Malavella, a centuries-old town renowned for its thermal hot springs. 89 km from Barcelona, 81 km from France and 16 km from the city of Girona, the hotel is extremely well-connected with the Girona-Costa Brava airport, the AP-7 motorway and the train station, situated in the same town (15 minutes away on foot). You can reach Girona by high-speed train (AVE) or use the Eix Transversal C-25 road that goes from Cervera to Caldes de Malavella, passing through Manresa, Vic and Riudellots de la Selva.

Staying in any one of our rooms, equipped with bath, shower or jacuzzi, free wi-fi and satellite TV; strolling through our large gardens, set in privileged, family-friendly surroundings; enjoying the 34° outdoor thermal pool; trying out the different alternative therapies and traditional, personalized treatments at the thermal centre; following a healthy diet and relaxing on our bar's spacious terrace... these are some of the pleasures you can enjoy during your stay with us.

Opening hours Thermal center

**From 8 am to 2 pm**  
**From 4 pm to 8 pm**

# RATES 2024

Prices vary depending on the season and occupancy. The table below shows the minimum and maximum prices for each type of room.

## INFORMATION



First child from 0-2 years old, free accommodation when sharing a room with 2 adults, other services by direct payment.

Extra charge for additional bed: € 25

ROOM	PRICE FOR ROOM			
	Price (accommodation plus breakfast)			
	MINIMUM PRICE		MAXIMUM PRICE	
	DOUBLE	SINGLE	DOUBLE	SINGLE
Standard	€ 49	€ 49	€ 160	€ 150
❄️ Standard with A/C	€ 59	€ 49	€ 170	€ 160
Standard Garden View	€ 59	€ 49	€ 170	€ 160
❄️ Standard Garden View with A/C	€ 69	€ 59	€ 180	€ 170
❄️ Superior	€ 69	€ 59	€ 190	€ 180
❄️ Superior Garden View	€ 79	€ 69	€ 200	€ 190
❄️ Superior with Terrace	€ 89	€ 79	€ 210	€ 200
❄️ Garden	€ 79	€ 69	€ 190	€ 180
❄️ Acqua with Jacuzzi	€ 119	€ 109	€ 290	€ 280
❄️ Suite Junior	€ 193	€ 183	€ 295	€ 285
❄️ Suite Prats	€ 239	€ 229	€ 450	€ 440

❄️ Air conditioning (A/C)

	Adult price	Child price
Breakfast	14 €	7 €
Lunch	24 €	12 €
Dinner	24 €	12 €
Meals on weekends and bank holidays (guests not staying at the hotel)*	28 €	15 €
Half board	38 €	19 €
Full board	56 €	28 €
Xtra charge for children without full board (per meal / from 0-2 years old)		6 €

### NOTE:

The children's menu is for children 12 and under.

\*Except Christmas, Boxing Day and New Year's Eve.

CODE HG-000201



# SERVICE AND THERMAL PROGRAMMES 2024

## Thermal Hydrotherapy

Properties of the water: springs at a temperature of between 56° and 60°C. Rich in bicarbonate, alkaline, lithium and fluoride. Also contains silicon, lithium, aluminium, calcium, potassium and manganese.

Therapeutic benefits: for the treatment of stress, rheumatism, and afflictions of the circulatory, respiratory and digestive systems. Provides benefits for the skin, beauty and relaxation.

*Outdoor thermal pool at 34°C, open all year. Free for hosted clients.*

*Price of the bathroom for those NOT staying €15, subject to availability and limited time (two hours).*

## Hydrotherapy

Water Circuits € 37  
*(Horizontal shower, air bath and circular shower)*

Air bath with essences/seaweed (15 min) € 14  
Hydromassage bath (15 min) € 14  
Finnish sauna (20 min) € 15  
"Maniluvii" € 14  
Horizontal or circular shower (8 min) € 14  
"Scottish" pressure shower (10 min) € 18  
"Vittel" shower massage (20 min) € 45  
Inhalations (8 min) € 10

## Chiromassage

Partial massage (25 min) € 45  
Child massage (25 min) € 45  
Cranio-cervical massage (25 min) € 45  
Reflexotherapy (25 min) € 45  
General massage (50 min) € 68  
Geothermal massage (50 min) € 72  
Bamboo massage (50 min) € 72  
Lymphatic drainage (50 min) € 79  
Neurosedative massage (50 min) € 68  
Shiatsu (50 min) € 72  
Four hands massage (50 min) € 146  
Special for couples (45 min) € 155  
*(Relaxing massage for couples, with a glass of cava)*  
Anti-cellulite massage (50 min) € 77

## Mud Therapy

Paramud (1 area) or Paraffin € 18  
Clay poultice € 15

## Beauty: Facial Treatments

Personalised facial hygiene (50 min) € 69  
Japanese Lifting (50 min) € 79  
Facial and eye contour treatment (50 min) € 79  
Anti-aging treatment (personalized) (50 min) € 79  
Bio moisturizing treatment € 79

## Beauty: Body Treatments

*Includes body peeling, wrap and facial treatment*

Cherries Ritual (80 min) € 119  
Cacaoterapia Ritual (80 min) € 119  
Algae Ritual (80 min) € 119  
Tired legs treatment (50 min) € 68  
Body peeling with hydration (80 min) € 75  
Custom peelings (50 min) € 68  
Clay / algae / myrrh shell (25 min) € 39  
Manicure or Pedicure € 30  
*(with treatment, unglazed)*

## Single-use Hair Removal

Full leg € 30  
Half leg € 25  
Additional body area € 15

## Extra Services

Bathrobe rental € 6  
Pool towel rental € 6

# THERMAL PROGRAMS

## Antistress

- Pressure shower or bubble bath
- General massage
- Clay wrap
- Massage shower

**Price: € 159**

## Get in shape

- Pressure shower
- Shiatsu
- Air bath with essences
- Reflexotherapy

**Price: € 141**

## Beauty

- Pressure shower
- Body peeling and moisturising massage
- Algae bath
- Customer facial hygiene

**Price: € 165**

(Price per person without staying)  
All programs include bathrobe and slippers

① Contact us for information on our programmes that can be customised to the length of your stay.

# THERMAL PROGRAMS

## Circulatory

- Pressure shower
- Lymphatic drainage
- Clay wrap
- Partial massage

**Price: € 169**

## Relaxation

- Pressure shower
- Neurosedative massage

**Price: € 85**

## **ONE DAY THERMAL PROGRAMME ENJOY THE SPA WITHOUT STAYING THE NIGHT!**

### Thermal Break

- Horizontal shower
- Air bath with essences
- Today's menu (Water and wine glass included)

**Price: € 59**

(Price per person without staying)  
All programs include bathrobe and slippers

 Contact us for information on our programmes that can be customised to the length of your stay.

# SPECIAL FOR YOU

## AUTHOR TREATMENTS

### Author Treatments

Our Author treatments are the result of a deep knowledge of our treatment on both a physical and emotional level. And here lies the key: the physical and emotional treatment the person receives results in them experiencing a world of new sensations that will bring them numerous benefits.

The treatments currently performed at our spa are:

**"Gerunda Fuga" Treatment**

**"Le Cafè de Montmartre" Treatment**

**Price per treatment: € 155  
(80 min.)**

(Prices per person without accommodation)



# “GIFT VOUCHER...”

Do you want them to remember your gift? Choose Balneario Prats gift voucher!

At Balneario Prats, we guarantee an unforgettable gift for family, couples or friends.



A promotional graphic for a 50€ gift voucher. It features a photograph of the Balneario Prats building and a swimming pool with a white statue. The Balneario PRATS logo is in the top right. A large blue banner with the text "50€" is overlaid on the right side. The website address "www.balneariprats.com" is at the bottom right.



A promotional graphic for a 100€ gift voucher. It features a photograph of the Balneario Prats building and a swimming pool with a white statue. The Balneario PRATS logo is in the top right. A large blue banner with the text "100€" is overlaid on the right side. The website address "www.balneariprats.com" is at the bottom right.

You can choose treatments with or without accommodation, designed for lovers of relaxation and well-being.



A promotional graphic for a 200€ gift voucher. It features a photograph of the Balneario Prats building and a swimming pool with a white statue. The Balneario PRATS logo is in the top right. A large blue banner with the text "200€" is overlaid on the right side. The website address "www.balneariprats.com" is at the bottom right.

"Open-dated gift voucher, subject to availability and valid for one year, starting from the date of purchase of the gift voucher. The contracted services cannot be modified or exchanged for other services."

# “GIFT VOUCHER...”

All gift vouchers include a bathrobe and slippers

## PACK ROMANTIC (FOR 2 PERSONS)

### NO ACCOMMODATION

Couples massage **€ 186 (per couple)**  
Cava Cup and chocolates

### WITH ACCOMMODATION

One night's accommodation including breakfast and spa treatment pack romantic and room decoration.

**Superior Room  
garden or terrace**

**€ 373**

**Acqua Room with  
hot tub**

**€ 448**



## PACK WELLNESS (FOR 1 PERSON)

### NO ACCOMMODATION

**€ 112 (per person)**

Neurosedative massage  
“Vittel “ shower massage  
Infusion tasting “Balneari Prats”

### WITH ACCOMMODATION

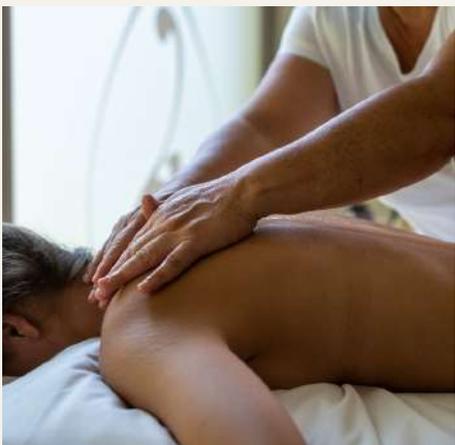
One night's accommodation including breakfast and spa treatment and pack wellness

**Superior Room  
garden or terrace**

**€ 299**

**Acqua Room  
with hot tub**

**€ 374**



# “GIFT VOUCHER...”

*All gift vouchers include a bathrobe and slippers*

## PACK FOR SOMEONE SPECIAL (FOR 1 PERSON)

### NO ACCOMMODATION

Author treatment to choose: **€ 155 (per person)**  
Gerunda Fuga or "Le caffè de Montmartre"

### WITH ACCOMMODATION

One night's accommodation including breakfast and author treatment to choose

**Superior Room  
garden or terrace**

**€ 342**

**Acqua Room  
with hot tub**

**€ 417**



## PACK “2 DAYS RELAX BREAK” (FOR 1 PERSON)

### NO ACCOMMODATION

Body peeling and moisturising massage  
Personalised facial treatment  
General massage

**€ 205 (per person)**

### WITH ACCOMMODATION

One night's accommodation including breakfast and spa treatment and pack 2 days relax break.

**Superior Room  
garden or terrace**

**€ 392**

**Acqua Room  
with hot tub**

**€ 467**



# CONDITIONS

**ADVANCE BOOKING.** We advise you to book your treatments in advance to make sure that they are available at your desired time and date.

**CANCELLATION POLICY.** Cancellations made with less than 24 hour prior notice shall incur a fee amounting to 50% of the booked services. Should you not attend or cancel your reservation less than 12 hours in advance, the fee will amount to 100%.

**PAYMENT GUARANTEE.** Upon reservation, your credit card information shall be required.

**GIFT CERTIFICATE.** Gift certificates are valid for one year. They are not refundable and may not be exchanged for cash.

**THERMAL CENTER.** Price per person and day, excluding accommodation. The promotion is applied on a one-day and continuous basis and may not be modified or combined with other services not detailed herein. The services shall be carried out provided there are no contraindications. The thermal programme shall be confirmed upon request.

Treatments that cannot be carried out because the client is late or absent will not be exchanged, refunded or rescheduled. Please respect the pre-established timetable.

All services and treatments shall be conducted at the agreed times, therefore it is necessary to make reservations as soon as possible.

**ARRIVAL AT THE THERMAL CENTRE.** We advise you to arrive 10 minutes before your scheduled treatment time. We inform you that the treatment will not be extended if you are late, as this would interfere with the schedule of other customers.

**THERMAL CENTRE PRODUCT SALE.** To enable you to extend the benefits of the thermal treatment after you have left, the products used for the treatment will be available for sale. Ask our staff.

**HEALTH CONDITION.** If you have hypertension or heart problems, diabetes, allergies or any other kind of health problem, or if you are pregnant, please notify the therapist upon your arrival and before you begin the treatment.

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