



balneari
PRATS



Balneari Prats is located in the heart of Caldes de Malavella, a historic town known for its thermal waters. Just 16 km from Girona and well connected to both Barcelona (89 km) and France (81 km), it's easy to reach by road or train. The train station is only a 15-minute walk away, and there's quick access via the AP-7 motorway, Girona-Costa Brava airport, and the C-25 highway.

Staying at Balneari Prats means taking a real break for yourself. Cozy rooms with bathtubs, showers or jacuzzis, free Wi-Fi, and all the comforts you need. A peaceful garden to stroll through at your own pace, an outdoor thermal pool at 34 °C, personalized treatments at our Thermal Centre, and a cuisine focused on health and well-being. Craving a moment of calm? Our bar terrace is the perfect spot to slow down and let the day drift by.

THERMAL CENTER
SCHEDULE

8 AM - 14 PM
16 PM - 20 PM



ROOM CATEGORIES

UNRENOVATED AREA

Standard with or without AC



Standard room with 20m² and views of the town's surroundings.

Also available with air conditioning

Standard garden view with or without AC



Cozy rooms of 25 m² with wide views of the garden, with shower or bathtub.

Également disponible avec climatisation

RENOVATED AREA

Superior with terrace



Cozy 25 m² rooms with terrace with wide views of the surroundings, with shower or bathtub.

Superior or Superior garden view



Superior: Cozy 17 m² rooms with wide views of the surroundings, with shower or bathtub.

Superior garden view: Cozy rooms of 25 m² with wide views of the garden, with shower or bathtub.

Garden



Cozy room with 17m², 4.65m² bathroom and a 5m² terrace. Recently renovated, very bright and with a pleasant atmosphere thanks to its design, color and views of the garden. Courtesy bathrobe.

Aqua with jacuzzi



30 m² with shower and jacuzzi, 6 m² terrace with garden views, with the possibility of sunbathing with the hammocks for exclusive use in the room. Courtesy bathrobe.

Junior Suite



Spacious and cozy room of 37 m² with bathtub, facing the garden, with chaise longue. Courtesy bathrobe.

Prats Junior



Duplex of 55 m². Ground floor with living room, chaise longue, TV, hydromassage bathtub and terrace with exclusive private outdoor jacuzzi. Upper floor with bedroom and bath. Courtesy bathrobe.

THERMAL SERVICES

Hydrotherapy thermal

Properties of the water: springs at a temperature of between 56° and 60°. Rich in bicarbonate, alkaline, lithium and fluoride. Also contains silicon, lithium, aluminium, calcium, potassium and manganese. Therapeutic benefits: for the treatment of stress, rheumatism, and afflictions of the circulatory, respiratory and digestive systems. Provides benefits for the skin, beauty and relaxation.

*Outdoor thermal pool at 34°C, open all year round. Free for guests staying at the property.
The bathing fee for non-guests is €15, subject to availability and limited time (two hours).*

Hydrotherapy

Water circuits (1h thermal outdoor swimming pool, bubble bath and circular shower)	39€
Bubble bath with essence / seaweed (15 min)	15€
Horizontal shower (8 min)	14€
Circular shower (8 min)	14€
Rain shower (8 min)	14€
"Scottish" pressure shower (10 min)	19€
"Vittel" shower massage (20 min)	47€
Inhalations (8 min)	10€
Finnish sauna (20 min)	20€

Chiromassage

Partial massage (25 min)	47€
Child massage (25 min)	47€
Craniocervical massage (25 min)	47€
Body massage Bike (50 min)	69€
General massage (50 min)	69€
Geothermal massage (50 min)	72€
Bamboo massage (50 min)	72€
Anti-cellulite massage (50 min)	80€
Reflexotherapy (25 min)	47€
Neurosedative massage (50 min)	69€
Shiatsu (50 min)	72€
Lymphatic drainage (50min)	79€
Special for couples (50 min)	158€

(Relaxing massage for couples, with a glass of cava)

Mud therapy

Paramud (1 area) or Paraffin	20€
Clay poultice	18€

Beauty: Facial treatments

Personalised facial hygiene (50 min)	69€
Japanese lifting (50 min)	79€
Facial and eye contour treatment (50 min)	79€
Anti-aging treatment (personalized) (50 min)	79€
Anti-aging hydrating concentrate (50 min)	79€

Beauty: Body treatments

Includes body peeling, wrap and facial treatment

Cherry Ritual (80 min)	119€
Cacaootherapy Ritual (80 min)	119€
Tired legs treatment (50 min)	69€
Custom peelings (50 min)	69€
Body peeling with hydration (80 min)	78€
Clay/ algae/myrrh shell (20 min)	40€
Manicure or Pedicure (with treatment, unglazed)	35€

Single-use Hair removal

Full leg	30€
Half leg	25€
Additional body area	15€

Extra services

Bathrobe rental	6€
Pool towel rental	6€

THERMAL PROGRAMS

(Price per person without staying)

All programs include bathrobe and slippers

Antistres Pack

- Pressure shower or bubble bath
- General massage
- Clay wrap
- Massage shower

Price: 169€

Get in syhape Pack

- Pressure shower
- Shiatsu
- Bubble bath with essences
- Reflexotherapy

Price: 149€

Bike Pack

- Pressure shower
- Bike massage for tired legs
- BIKEFRIENDLY Space

Price: 89€

Beauty Pack

- Pressure shower
- Body peeling and moisturising massage
- Alage bath
- Customer facial higiene

Price: 174€

Relaxation Pack

- Pressure shower
- Neurosedative massage

Price: 89€

Circulatory Pack

- Pressure shower
- Lymphatic drainage
- Tired legs treatment

Price: 159€

Request information about our Author Treatments:

'Gerunda Fuga' and 'Le Café de Montmartre.'

€155 per treatment (80 minutes)

COME AND SPEND THE DAY WITHOUT STAYING OVERNIGHT!

DAY PASS

1 hour thermal pool

Horizontal shower

Menu of the day (Drinks not included)

*Valid from Monday to Friday. Not on holidays. **Price: 39€**



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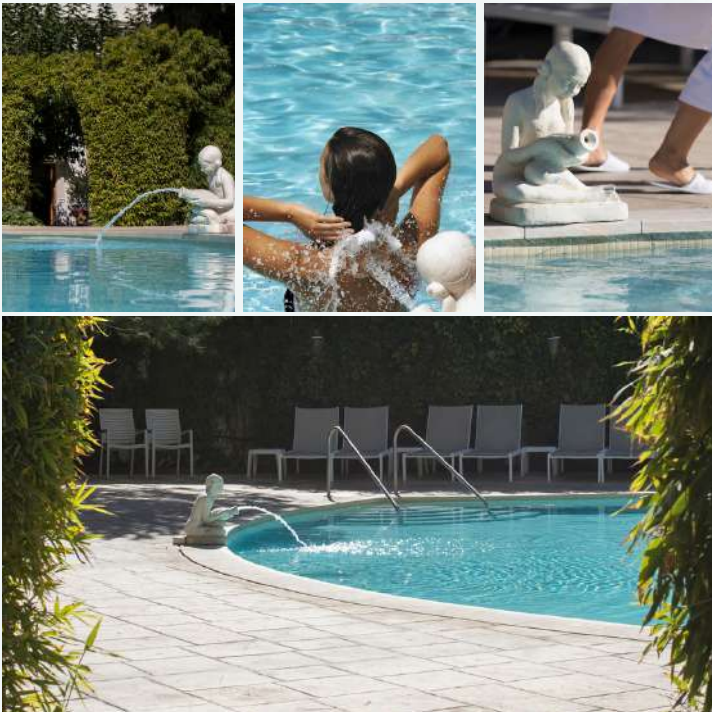
OUTDOOR THERMAL SWIMMING POOL

Outdoor heated pool of mineral-medicinal thermal water with therapeutic effects due to its properties. It is maintained at a temperature of 34° C.

It has a mineralogical and chemical composition of sodium bicarbonate, alkaline, lithium and fluorinated. It contains silicon, lithium, aluminum, calcium, potassium and manganese.

It can be used throughout the year. We advise for health reasons not to prolong the bath for more than two hours. Duration: can be used throughout the day, according to the established schedule.

*Price: Hosted clients free / Non-hosted clients: 15€ / two hours straight.



WE ARE BIKEFRIENDLY

Hotel Balneari Prats is an ideal accommodation for cycling enthusiasts who wish to explore the beauty of Caldes de Malavella and its surroundings on wheels.

Surrounded by nature and cycling routes for all levels, the hotel is perfectly located for discovering the region, from the iconic roads of Girona to the paths of the Cadiretes Massif and the **Costa Brava**.

The hotel has the **Bikefriendly** seal, which guarantees accommodation adapted to the needs of cyclists, combining comfort and functionality, so that you can enjoy your passion to the fullest.



GIFT VOUCHER

Do you want them to remember your gift? Choose Balneari Prats gift voucher! At Balneari Prats, we guarantee an unforgettable gift for family, couples or friends.

BOOK THE GIFT THROUGH OUR WEBSITE OR BY PHONE

50€

100€

200€

...or the gift that makes you the most excited to give!

THERMAL PACK

- Chosen room
- 7 days / 6 nights in Full Board
(Water and established wine included)
- Entry on Sunday and departure on Saturday
- Outdoor swimming pool with thermal water
at 34°C
- Aquagym daily activity
- 2 daily treatments
- 10% discount on other treatments (except
promotions)

From 581€



PACK OVER 55

- Chosen room
- 3 or 5 nights
- Full Board (Drinks not included)
- Bathrobe and slippers included
- Spa treatments: 1 General massage and
1 Circular shower

From 434€



*Open-dated gift voucher, subject to availability and valid for one year, starting from the date of purchase of the gift voucher. The contracted services cannot be modified or exchanged for other services.

RESTAURANT & BAR

At Hotel Balneari Prats, we invite you to enjoy an exceptional culinary experience in our restaurant and relax in our cozy bar & cafeteria.

Our restaurant offers an exquisite selection of traditional Catalan and Mediterranean dishes, prepared with fresh, high-quality ingredients. And in the bar & cafeteria, you can enjoy a wide variety of drinks and snacks in a relaxed and elegant atmosphere.

Whether it's reading a book or having a mid-afternoon coffee, our facilities and team are here to offer you impeccable service and an unforgettable dining and relaxing experience.

Restaurant adult price:
(HOSTED CUSTOMERS)
(from monday to friday)

26€

Restaurant adult price:
(NON-HOSTED CUSTOMERS)
(Weekends and holidays)

30€

Restaurant child price (up to 12 anys):
(HOSTED CUSTOMERS)
(from monday to friday)

15€

Restaurant child price (up to 12 anys):
(NON-HOSTED CUSTOMERS)
(weekends and holidays)

18€





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